

MANUEL + RAUL

OUR STORY, NUESTRO TESTIMONIO







OUR STORY NUESTRO TESTIMONIO

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NUESTROS VALORES
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ENAMORADOS DE LA COMUNIDAD



OUR PROMISE

to you,
to our child
and for our home



NUESTRA PROMESA

para ustedes,
para nro hijx
y para nro hogar



HOW WE MET COMO NOS CONOCIMOS



Once upon a time on Tinder, Raul was killing time and perusing his Tinder game when he stumbled upon the profile of a folklórico-dancing doctoral student from Sacramento.

Le gustó and so, le hizo swipe right.

A few days later, Manuel was on his way to the Empire of the Sun concert in SF when he stumbled upon the profile of a pediatrician transplant from Brownsville, Texas.

Luego, luego le hizo swipe también y BOOM - instant match.

We had the best first date at a Korean restaurant. It was a warm, September San Francisco night. Manuel got a new tattoo on his arm earlier that day and was wearing a sweatshirt to cover it up. For some reason, Raul decided to order a hot, spicy soup to share. Maybe it was the warm night, or the spicy soup, or nerves, or all three...Manuel completely sweat through his sweatshirt.

He powered through with all his charm, and Raul was all about it.

We spent the next 4 days going on little dates.

During our first weekend together, we walked to the top of Bernal Hill in San Francisco.

Manuel had never been to the top of the hill. Raul did good. It was nearly sundown and the day was beautiful - nice, sunny, and warm. We were corny gushy the entire time.

We can admit it. We were really enjoying getting to know one another.

In one of our earlier texts, we were sharing with each other how much we enjoyed each other's company.

Manuel warned Raul that he was a sappy romantic at times. Specifically, Manuel said

"Te advierto que soy de esos de muchas notitas y florecitas," which loosely translates to "You should know that I'm the love notes and flowers type."

It started off as a joke and a nod to Manuel's cursi-ness (corniness), and it quickly evolved to our own #NotitasyFlorecitas hashtag.





A LITTLE ABOUT US





UN POCO SOBRE NTROS



YO RAUL



Fun Facts

LOVES SANDWICHES

SANG IN A CHOIR AND
WENT ON A WORLD TOUR
FOR SINGING

WAS HOMECOMING &
PROM KING IN HIGH
SCHOOL

YO RAUL



Hi! I'm Raul, the taller of the the two...Manuel loves when I say that! LOL! I'm a New Year's baby, and Manuel would probably tell you that I'm the definition of a Capricorn. That just means I'm loyal, dependable, and devoted. I was born in southern Texas, along the Mexican border (Norteños and Tejanos), in a city named Brownsville, where most of my family still lives. Growing up in this binational, bicultural, bilingual area of the country not only helped define me as a person, but also laid the foundation for what I believe in and hold important in my life...family, culture, community, and justice.

A first-generation college student, my path led me to Stanford University where I first became enamored with the Bay Area and decided that medicine would be my career path. I took a detour to attend medical school at the University of Michigan in Ann Arbor and then came back to the Bay to train as a pediatrician at UCSF. Inspired by my maternal grandmother, I have been devoted to serving immigrant families, teaching about health justice, and working with the community.

I love spending time with Manuel and our friends, going on little adventures. Luna, our Husky-Boxer buddy, enjoys coming with us on walks in the city or hikes in the area. We all really love visiting the beach. Whether exploring new places, celebrating important events, eating some good food, or simply watching a movie together it's really about enjoying life with family, friends, and community.

DETALLITOS

AMA LOS SANDWICHES

CANTÓ EN UN CORO Y SE
FUE DE GIRA MUNDIAL
CON EL CORO DE
STANFORD

FUE VOTADO COMO EL
REY DEL BAILE DE
HOMECOMING Y PROM
EN LA PREPARATORIA





YO RAUL

Hola! Soy Raul - el mas alto de los dos...jeje. naci el 31 de diciembre y manuel les diria que soy tipico capricornio. eso solo quiere decir que soy fiel, confiable y devoto. naci en el sur de tejas en la ciudad de brownsville a un ladito de la frontera - somos norteños y tejanos. la mayoria de mi familia aun vive alli. mi crianza en esta region del pais, entre fronteras, cultura e idiomas me definio como persona y me inculco mis creencias y lo que mas valoro en mi vida...familia, cultura, comunidad y la justicia.

fui estudiante de primera generacion y me enamore del area de la bahia cuando me transferi a la universidad de stanford para perseguir mi carrera en medicina. Al terminar en stanford, me fui a la universidad de michigan para seguir con mis estudios en medicina en la ciudad de ann arbor. por fin regrese a la bahia para completar mi entrenamiento como pediatra en ucsf. mi abuela inspiro mi enfoque en el apoyo para familias inmigrantes, la enseña sobre la justicia en medicina y el servicio comunitario.

Amo pasar tiempo y compartir aventuras con manuel y nuestras amistades. A luna, nuestro mascota husky-boxer. le encanta acompaarnos en recorridas por la ciudad o en el area. nos encanta visitar la play. ya sea el explorar nuevos sitios, celebrar eventos importantes, comer comida deliciosa, o simplemente ver una pelicula juntos, me encanta disfrutar de la vida con familia, con amistades, y en comunidad.

YO MANUEL



Fun Facts

DANCED MEXICAN FOLKLÓRICO FOR 27 YRS

LOVES HIS DESSERTS

HAS A GROWING COLLECTION OF PLANTS, PINS AND TATTOOS

YO MANUEL



Saludos! Hello. I'm Manuel. Growing up, I listened and learned about the world around me from cuentos – family stories of life in el rancho in México, movement across the US/México border, and work en el campo in the fields of California. These cuentos have shaped how I try to live my life. I love learning and living the tastes, colors, sounds, and experiences of my Mexican heritage and the communities around me.

I am originally from Sacramento, California and moved to San Francisco after a few years of dating Raul. I learned a lot about myself and my community as a first-generation student in college and graduate school. I have spent almost 20 years working in different colleges and universities in Northern California. I am especially proud of my teaching and my learning about social justice and equity in higher ed and in the community. I am currently the Vice President of Student Services at Cañada College in Redwood City, California. I also teach traditional Mexican danza part-time at the University of SF.

I was a product of our local community colleges before I received my Bachelor's degree in Communication Studies with a minor in Ethnic Studies from Santa Clara University. I received my Master's degree in Communication Studies from San Diego State University and my doctorate from the University of SF in Education. I have danced traditional Mexican folklórico for most of my life. I love sharing and building new experiences with our puppy, Luna, and my Tigre (Raul) - that's my nickname for him. Spending time at the movies, taking long walks through the city, going on road trips and eating our way through our feelings - haha - I love spending time with our growing little familia.

DETALLITOS

BAILÓ EL FOLKLOR
MEXICANO POR 27 AÑOS

AMA LOS POSTRES

TIENE COLECCIÓN DE
PLANTAS, PINS PARA
TRAJES, Y TATUAJES





YO MANUEL

Saludos! Hola. soy manuel. de niño, aprendi sobre el mundo al escuchar los cuentos de mi familia, historias de la vida en el rancho en mexico, de migracion y la frontera Usa/mexico, y de la vida en los campos de california. estos cuentos han moldeado la manera en que vivo mi vida. amo aprender y vivir los sabores, colores, sonidos y experiencias de mi herencia mexicana y de las comunidades en mi al rededor.

soy originario de sacramento, california y me mude a san francisco a unos años de noviar con raul. aprendi mucho sobre mi y sobre mi comunidad como estudiante de primera generacion en el colegio y en mis estudios profesionales. pase casi 20 años trabajando en distintos colegios y universidades en el norte de california. estoy muy orgulloso de lo que comparto en mis clases y lo que he aprendido sobre la justicia social y la equidad en nuestros colegios, nuestras universidades y nuestras comunidades. actualmente soy el vice presidente de servicios a estudiantes en cañada college en redwood city, california. Tambien doy clases de danza en la universidad de san francisco.

soy producto de nuestros colegios comunitarios y recibí mi título en comunicaciones con enfoque en los estudios etnicos de la universidad de santa clara. despues, recibí mi maestria en comunicaciones de la universidad estatal de san diego y mi doctorado en educacion de la universidad de san francisco. llevo casi toda la vida bailando el folklor tradicional mexicano.

LUNA
LUNA





HI! MY NAME IS LUNA. I WAS BORN ON OCTOBER 31, 2018 - RIGHT ON HALLOWEEN.

I AM A HUSKY BOXER. I LOVE TO GO ON LONG WALKS, BUT MY FAVORITE THING IN THE WORLD IS TO STICK MY HEAD OUT OF THE CAR WINDOW. IT'S THE BEST!

MY DADS SENT ME TO SPECIAL TRAINING TO GET ME READY TO MEET YOU. I CAN'T WAIT TO MEET YOU!



HOLA! MI NOMBRE ES LUNA. NACI EL 31 DE OCTUBRE DEL 2018 - EN PLENO HALLOWEEN.

SOY HUSKY BOXER. AMO CAMINAR POR LA CIUDAD, PERO LO QUE MAS AMO EN EL MUNDO ES SACAR MI CABEZA POR LA VENTANA EN EL COCHE. ES GENIAL!

MIS PAPAS ME MANDARON A CLASES ESPECIALES PARA PREPARARME PARA CONOCERTE. ME MUERO DE GANAS POR CONOCERTE!

ABOUT OUR HOME INTRO HOGAR





OUR HOME IS A REFLECTION
OF WHO WE ARE,
OUR CULTURE, AND OUR LOVE.

IT'S THE PLACE WHERE WE CAN RELAX,
EAT GOOD FOOD, LEARN,
AND PLAN OUR NEXT ADVENTURE.

IT'S FULL OF LIGHT AND LIFE, MUSIC
...AND LUNA, OUR RESUCE DOG.



NUESTRO HOGAR ES UN REFLEJO DE
QUIENES SOMOS, NUESTRA CULTURA Y
NUESTRO AMOR.

ES EL LUGAR DONDE PODEMOS
RELAJARNOS, ALIMENTARNOS, APRENDER
Y PLANEAR NUESTRA PRÓXIMA
AVENTURA.

ESTÁ LLENO DE LUZ Y DE VIDA, MUSICA...
Y DE LUNA, NUESTRO PERRITO.



OUR ROOTS, NTRAS RAICES



HERITAGE & OPEN ADOPTION - NTRA HERENCIA & LA ADOPCION ABIERTA





OUR HERITAGE

WE ARE DEEPLY PROUD OF OUR MEXICAN HERITAGE. THE RICHNESS OF MEXICO WAS PRESENT FOR MANUEL IN SACRAMENTO, CALIFORNIA AND FOR RAUL IN BROWNSVILLE, TEXAS.

LEARNING ABOUT CULTURE, HISTORY, SOCIAL JUSTICE AND OUR RESPONSIBILITY TO BUILDING HEALTHY COMMUNITIES IS SOMETHING WE LOVE AND HOPE TO PASS ON TO OUR OWN LITTLE FAMILY.





NUESTRA HERENCIA
ESTAMOS ORGULLOSOS DE NUESTRA HERENCIA MEXICANA. LA RIQUEZA DE MEXICO ESTUVO PRESENTE PARA MANUEL EN SACRAMENTO, CALIFORNIA Y PARA RAÚL EN BROWNSVILLE, TEXAS.
APRENDER SOBRE CULTURA, HISTORIA, LA JUSTICIA SOCIAL Y NUESTRA RESPONSABILIDAD EN CREAR COMUNIDADES SALUDABLES ES ALGO QUE NOS ENCANTA Y ESPERAMOS INCULCAR EN NUESTRA PROPIA FAMILIA





OPEN ADOPTION

... IS RIGHT FOR US. OPPORTUNITIES FOR OUR CHILD TO CONNECT WITH YOU AND OTHERS IN THEIR BIRTH FAMILY AND LEARN ABOUT THEIR OWN STORY AND BACKGROUND IS IMPORTANT TO US.

WE LOOK FORWARD TO BUILDING A RELATIONSHIP WITH YOU THAT FEELS GOOD AND HEALTHY FOR EVERYONE INVOLVED, MOST IMPORTANTLY FOR OUR CHILD.



LA ADOPCION ABIERTA

...ES LA OPCION PARA NTROS. OPORTUNIDADES PARA QUE NSTRX HIJX CONECTE CON USTED Y CON SU FAMILIA Y QUE CONOZCA SU PROPIA HISTORIA ES IMPORTANTE PARA NSTROS.

INVITAMOS OPORTUNIDADES PARA DESARROLLAR UNA RELACION CON USTED QUE SEA BUENA Y SALUDABLE PARA TODOS Y EN ESPECIAL PARA NSTRX HIJX.



CHILDCARE



AS PART OF OUR SHARED COMMITMENT TO A HEALTHIER & MORE LOVING TOMORROW, OUR COMMUNITY OF FAMILY & FRIENDS HAS REALLY SHOWN UP FOR US. FOR CHILDCARE, WE HAVE FAMILY - IN PARTICULAR, OUR MOMS - AND FRIENDS IN THE BAY AREA & IN SACRAMENTO WHO WILL HELP US WITH DAYCARE IN THE FIRST FEW MONTHS. WE HAVE SUPPORT & FLEXIBILITY WITH OUR JOBS & SUPERVISORS WHICH WILL ALLOW US TO TAKE THE FIRST FEW MONTHS OF LEAVE FROM OUR JOBS TO BOND WITH OUR CHILD.

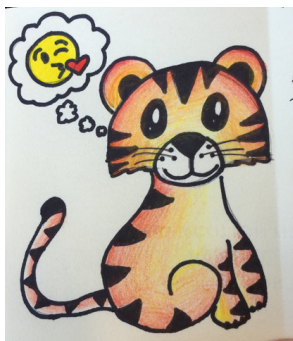


CUIDADO DE NIÑO



COMO PARTE DE NTRRO COMPROMISO A UN MAÑANA MAS SALUDABLE Y LLENO DE AMOR, NSTRRA COMUNIDAD DE FAMILIA Y AMISTADES NOS BRINDAN MUCHO APOYO. PARA EL CUIDADO DE NIÑOS, TENEMOS FAMILIA - EN PARTICULAR, NSTRAS MAMAS - Y AMIGXS EN EL AREA DE LA BAHIA Y EN SACRAMENTO QUIENES NOS AYUDARAN A CUIDAR A NSTRX HIJX DURANTE LOS PRIMEROS MESES. TENEMOS LA FLEXIBILIDAD Y EL APOYO DE NTROS TRABAJOS Y SUPERVISORES PARA TOMAR LOS PRIMEROS MESES DE DESCANSO DE NSTROS EMPLEOS PARA CONECTAR CON NSTRX HIJX.





We say that our story is one
of love notes & flowers.

Decimos que ntro amor es
de notitas y florecitas.



It's a pleasure to share our story with you.
Es un placer compartirlas ntra historia.



