

Adult Adoptees of Color



SUPPORT • CONNECTION • COMMUNITY

We Are Your People

Everyone yearns to meet someone and think, "They get me! They know just how I feel!"

It's so important to be able to connect with others who share your experience and understand where you're coming from. If you are an adult adoptee of color, please join us—we get you!

Become part of a community where you don't have to explain or justify or camouflage your identity. You can be you, in all your beautiful complexity. There is room here for grief, joy, anger and triumphs.



"It's hard to put into words the experience it was for me to share space with everyone. It has been a long time coming, and the healing that occurred being amongst other adoptees has sat in my body as such joy and solidarity in the days since... I am deeply thankful for the threads that weave us together."

— 33 year old Latinx adoptee

Being adopted is not a one-time event: it is an experience that lasts a lifetime.

Too often in the adoption field, the adoptee perspective is subordinated to that of the adoptive parent. We at Pact believe that adult adoptees are the truest experts on their own experience. We welcome adoptee voices and support them as part of our mission. We believe adopted people deserve to know their full heritage and should have access to all of their records and birth history. We believe it is a violation of adopted people's civil rights that most states carry laws, which make them the only group of adults prevented from having direct access to their original birth certificates. We support open records.



Groups & Opportunities for Adopted Adults of Color

MONTHLY SUPPORT

Meet up and find community with other adult adoptees of color online and in person. To learn more, click here.

At Pact, we have free, monthly support groups for adult adoptees of color. Our groups run both in person, in the California Bay Area, and viturally. These groups are safe spaces for participants to connect, listen and share their experiences of growing up in an adoptive family and navigating the legacy of identity that continues throughout adulthood. Space will also be provided for participants to explore and share experiences around domestic or international adoption, foster care, transracial adoption, birth family, search and reunion, race, identity development and more.

We are: domestic adoptees, international adoptees, Black, Asian, Latinx, multiracial, etc. Our ages range from 21-55 y/o. We have LGBTQ+ identified members, members in open adoptions, closed adoptions, members searching and members in recent reunion. We have been meeting since November 2014 and new members join us every month!

"Being a transracial adoptee growing up was a bittersweet experience. I always felt unique and special, but at times I yearned to connect with others that shared my experience. As an adult, having other adult adoptees in my life has given me the validation and support that I was lacking. It is without a doubt essential to my identity development and overall happiness."

- Mariah Dixon-Wheeler



MENTORS, COUNSELORS, & CHAPERONES FOR PACT YOUTH

Make a difference in the life of a young adoptee of color, To learn more, click here.

"My adoption is a ball of mixed emotions; going to Pact feels like coming home."

— 17-year-old African American youth

"My friends at Pact are like my brothers and sisters! Pact is like my home because they are people like me and I'm not the only adopted Black kid. I love Pact!"

- J, 10 years old

WRITING & SPEAKING OPPORTUNITIES

Help Pact educate the community about the adoptee experience

"It is good to know there are adoption professionals that 'get it' and you get it in a phenomenal way! Thank you for being a voice for children and adoptee rights!"

— Korean adoptee



To find out more about getting involved, call us at (510) 243-9460, email adoptees@pactadopt.org or check out our website: www.pactadopt.org.
We can't wait to meet you!