



Required Reading for Pact Pre-Adoptive Parents	Author	Description
<i>The Family of Adoption</i>	Joyce Maguire Pavao	Filled with stories of the emotional journey all members of the adoption constellation share and experience.
<i>Relinquished</i>	Gretchen Sisson	Compelling stories of first parents interspersed with research, this book unearths complexities of adoption and challenges the view of adoption as a universal good.
<i>The Open-Hearted Way to Open Adoption</i>	Lori Holden & Crystal Hass	Co-written by a birth and adoptive mother about their shared parenting experience as well as a suggested approach to open adoptions

Parenting	Author	Description
<i>Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive</i>	Daniel Siegel & Mary Hartzell	<i>Parenting from the Inside Out</i> guides parents through creating the necessary foundations for loving and secure relationships with their children.
<i>From Fear to Love</i>	Bryan Post	Bryan Post speaks to the challenges that are often present for children who have experienced trauma. This book gives specific solutions, and strategies.
<i>Real Parents, Real Children: Parenting the Adopted Child</i>	Holly van Gulden & Lisa Bartells Rabb	An overview of the development of adopted children's understanding and experience of adoption; includes practical guidance for addressing children's needs.

Attachment	Author	Description
<i>Learning the Dance of Attachment</i>	Holly van Gulden	Parents can understand the causes of their child's misbehavior and learn techniques to overcome problems that focus on attachment Holly's famous 'parts' approach.
<i>What Happened to You? Conversations on Trauma, Resilience, and Healing</i>	Oprah Winfrey & Bruce Perry	Learn how everyone's earliest experiences shape their lives with powerful scientific and emotional insights into the behavioral patterns we need to understand.

Talking with Kids	Author	Description
<i>Twenty Things Adopted Kids Wish Their Adoptive Parents Knew</i>	Sherrie Eldridge	Sherrie, adopted herself, gives voice to children's unspoken concerns, and shows adoptive parents how to free their kids from feelings of fear, abandonment or shame.
<i>Telling the Truth to Your Adopted or Foster Child: Making Sense of the Past</i>	Betsy Keefer & Jayne Schooler	This book provides concrete strategies for helping adopted and foster children make sense of the past so they can enjoy a healthy, well-adjusted future.

Adoptee Memoirs/Experience	Author	Description
<i>I Would Meet You Anywhere</i>	Susan Ito	Former Pact Camp Director and Board member, Susan is a beautiful writing who invites us all inside her compelling experience of same-race adoption.
<i>When We Become Ours: A YA Adoptee Anthology</i>	Editors, Nicole Chung & Shannon Gibney	These tales from fifteen bestselling, acclaimed, and emerging adoptee authors reflect the complexity, breadth, and depth of adoptee experiences.

Open Adoption	Author	Description
<i>Adoption Nation: How the Adoption Revolution is Transforming America</i>	Adam Pertman	This book, based on a series of articles in the Boston Globe, addresses many myths in adoption and promotes open adoption as essential to ethical child welfare practice.
<i>Seven Core Issues of Adoption and Permanency</i>	Sharon Kaplan Rozia & Allison Dixon Maxon	Written by clinicians, this book while dense gives a road map to the stages and core areas of challenge within the adoption experience for all members of the triad.

Race & Adoption	Author	Description
<i>Torn Apart: How the Child Welfare System Destroys Black Families--and How Abolition Can Build a Safer World</i>	Dorothy Roberts	Exploring the systemic racism and issues that plague child welfare, Dorothy Roberts searing indictment of the system is a reminder of how far we have to go to attain equity and child-centered liberation for American families.
<i>Inside Transracial Adoption: Strength-based Parenting Strategies for Adoptive Families That Don't Match</i>	Beth Hall & Gail Steinberg	Written by Pact's co-founders, this book, filled with personal stories of experience, is designed to support transracial adoptive parents in their lifelong learning process.